

A S H W E D N E S D A Y

Zechariah 9:9 is a prophecy of Jesus' entrance into Jerusalem written around 500 years before. Jesus enters Jerusalem humbly on a donkey and is honored and praised by everyone. However, he is persecuted by them days later as the lamb to be sacrificed for our sins. His example of humility teaches us that Earthly pride and glory are nothing compared to the Father's love. We must receive Jesus into our hearts as the people of Jerusalem did with praise and honor. Except we must continue to allow him to dwell in us after we receive him.

-Robert Miller, Frassati Crew

Zechariah 9:9





T H U R S D A Y
F E B R U A R Y 1 5 T H

Father, you are the center of our existence. You crafted everything carefully and purposeful. You have made us to be like you, and you have made us to be in communion with you. Help us to keep you at the center of our worship. Prevent us from putting ourselves and other outside factors in your place at the center of our lives. Keep our faith strong and focused on you alone.

Amen.

-Alyssa Theriot, Lisieux

Mark 11:15-19





F R I D A Y
F E B R U A R Y 1 6 T H

In this story, a woman gives her best perfume to Jesus to show her love and appreciation for him. To me, this means to give everything to Him. This woman uses her finest perfume for Jesus that she could have used for herself. Giving someone something so important to you and expensive can't be easy. Especially in today's materialistic world, giving God everything you have is hard, but it is necessary. Jesus says that she will now be praised for her gifts to Him. Seeing this we know how good our relationship with God will be if we give him everything that we have.

-Izzy Hebert, Aquinas Crew

Matthew 26:6-11



S A T U R D A Y
F E B R U A R Y 1 7 T H

Lectio Divina: 1 Peter 3:18-22

Lectio-Read the passage a couple times and see if the Lord puts a certain word or phrase on your heart.

Meditatio- We meditate on the word or phrase that God put on our heart during Lectio

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Contemplatio-We sit and lovingly rest in the presence of God



SUNDAY FEBRUARY 18TH

When reflecting on Jesus' passion, it is easy for me to become angry with Judas and Caiaphas. Judas was a friend of Jesus, which made his betrayal shocking and hurtful for me to read about. After praying with this injustice against our Christ, I reflected on how I hurt Jesus and how my betrayal of his love happens everyday. The qualities I see in Judas and Caiaphas could be easily found in myself. I condemn Jesus to the Cross by my own hurtful words, actions, and interactions with others.

However, this self awareness is not a bad thing. Jesus died for our opportunity to repent and be forgiven. With acknowledging my faults and asking the Lord for mercy, I find a forgiveness I never could have imagined. Now, when I notice myself betraying God's will I am able to look into my own heart and ask the Lord for forgiveness in the sacrament of Confession. Today, I invite you to ponder how you may betray Jesus like Caiaphas and Judas in your everyday life and ask his merciful, Sacred Heart for the forgiveness that was purchased for us on the Cross.

-Natalie Himel, Aquinas Crew
Luke 22:1-6



M O N D A Y
F E B R U A R Y 1 9 T H

During the Passover meal, Jesus said to His disciples that one of them will betray Him. The men then all disagree with Him, but Judas realizes that Jesus knows it is him.

This passage explains how even disciples have selfish desires. Judas shows the desire of greed when he agrees to betray Jesus for money.

Even the disciples have selfish temptations similar to us and betray people for those desires. Matthew wrote this passage to show that even though we betray the people we love, He still forgives us for our actions. And during this lenten season we should better forgive others and ourselves for betrayals.

-Genevieve Ballanco, Frassati Crew

Matthew 26:20-25





T U E S D A Y
F E B R U A R Y 2 0 T H

Reflecting on Luke 14:22-26 and its connection to the Last Supper deepens our understanding of the significance of Jesus' first meal with His disciples. This parable, known as the Great Banquet, invites us to open our hearts and minds to consider our response to God's invitation and commitment to following Him. Just as the invited guests in the parable made different choices, we too can choose whether to accept or reject God's invitation to His Kingdom. The Last Supper is a powerful reminder of the covenant established through Jesus' sacrifice. Reflecting on this event reminds us of the importance of fellowship, unity, and the spirituality we receive from God. We are encouraged to embrace God's invitation. Be humble, be courageous, and remain faithful in our commitment to Him while actively sharing the Good News and God's grace and love with the world.

-Amelie Dupuis, Aquinas

Luke 14:22-26



W E D N E S D A Y
F E B R U A R Y 2 1 S T

"You will all fall away," Jesus said to his disciples. This is not meant to be discouraging, this is meant to show a bigger meaning in trusting in Him that our failure does not have to be our ultimate fate. He is trying to spread this message before he mentions that he will go forth to Galilee, leaving his disciples behind. Our unbroken loyalty to God cannot be guaranteed, yet he still waits for us with open arms, ready to embrace all of our flaws and insecurities. Remember that he loves us no matter what we have done, and he cannot open the door to our love unless we allow him to unleash his everlasting devotion in our hearts.

-Abi Boudreaux, Calcutta Crew

Mark 14:27-31



T H U R S D A Y
F E B R U A R Y 2 2 N D

Lent is the perfect time to not only grow in prayer and relationship with Christ, but also to become more like him. One thing that stuck out to me about this passage was the fact that when Jesus was praying for his disciples. This passage takes place in the Garden of Gethsemane, where Jesus went to pray right before he was taken away by the guards. Often times it is easy to do the right thing for another, but then hold anger against that person afterwards. We may get frustrated with a friend when they keep asking us for favors, or we may complain about having to show kindness or respect to someone who doesn't do the same for us. Jesus went into the Garden knowing that he was about to die for our sins, yet instead of blaming us for his suffering or complaining that he had to suffer for us, he prayed for us. He asks the Father to bring us to Heaven with him, so that we can be with him in his glory. He acts out of love not obligation. This passage today, is an invitation for us to be more like Christ. To love people better, by doing things for others out of love, not just because it is the right thing to do, and to, when we feel like we are getting frustrated with certain people, instead of turning to gossip and complaining about them, to turn to the Father on their behalf.

-Madison Lenox, Calcutta Crew

John 17:1-26



F R I D A Y
F E B R U A R Y 2 3 R D

In the betrayal and arrest of Jesus, Judas betrays Jesus by greeting him with a kiss. Even though Judas was one of His apostles and closest friends, he became Jesus' biggest traitor and unveiled his unloyalty towards Him. Our biggest challenge and goal in life should be to show our loyalty and love to Him. Sometimes, though, we might find ourselves in a position like Judas. Whether it be toward Jesus, a friend, or a family member, we may catch ourselves acting like a traitor towards them. In times like these, we need to refrain from being like Judas and be loyal to the people that love us.

-Alexis Peck, Frassati Crew



John 17:1-26



S A T U R D A Y
F E B R U A R Y 2 4 T H

Lectio Divina: Romans 8:31-34

Lectio-Read the passage a couple times and see if the Lord puts a certain word or phrase on your heart.

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S U N D A Y
F E B R U A R Y 2 5 T H

When it came time for Jesus to be judged by the Sanhedrin, many people did not like the things he was claiming to have done. These people falsely accused Jesus of many things in order to turn people against him. Like Jesus, we are sometimes wronged by others. This form of gossip can turn people from us and change people's opinions of us. When these things happen, it can feel like we are isolated with no one by our side. However, It is important to know that Jesus underwent similar obstacles and continues to be with us during our time of suffering.

-Morgan Duplechin, Frassati Crew

Matthew 26:57-68





M O N D A Y
F E B R U A R Y 2 6 T H

This scripture passage describes an event that many Catholics can relate to, though many of us are not faced with a matter as fatal as Peter, we can still take away many lessons. Often times in modern day, we become ashamed of our faith and tend to attempt to hide our devotion to the Catholic faith depending on the people we are around, and similar to Peter's Denial, Jesus can see our denial before we could ever think of it, and continues to love us just the same. During this Lenten season we can reflect on this unconditional love of Christ and his example of the greatest love, and come to be proud of our faith and no longer deny Christ as Peter did, but have courage to proclaim our faith and evangelize as Jesus called his disciples to do, along with us as followers of Christ.

-Hali Dumatrait, Frassati Crew

Mark 16:66-72





T U E S D A Y
F E B R U A R Y 2 7 T H

Jesus was betrayed once again. To imagine the thoughts that went through his mind were probably devastating, however He knew of the path His Father planned for him. Jesus, by your strong-will, remind us to remember the path He has for us.

-Molli McGuire, Frassati Crew

John 18:28-38



W E D N E S D A Y
F E B R U A R Y 2 8 T H

The various people present in this passage are not too different from us. We can see our pride in the accusations of the Pharisees. We can see our sinfulness in Barabbas. We can see our desire for approval in Pilate. We can see our anxiety in Pilate's wife. All these people are different but they have one thing in common: Jesus still died for them. We often fall into the lie that we have to earn God's love. We convince ourselves that we are too sinful, too insignificant, or too far gone. Christ does not look at our sins, but rather He looks at our hearts. He knows that we are imperfect but He still chooses to love us anyway, even when we don't realize it. Christ died for Pilate, Barabbas, the Pharisees, the crowd, and for you.

-Taylor Soileau, Lisieux Crew

Matthew 27:15-21



T H U R S D A Y
F E B R U A R Y 2 9 T H

It's sad to say that we act more like Pilate than Jesus at times. In verse 15, Pilate delivered Jesus to be crucified in hopes of pleasing the crowd. He rejected the dignity of not only human life but the very life of God-taken flesh, solely for the recognition of others. This passage is a reminder for us that to follow Jesus, we have to accept any hatred and harshness that may come along with it. In remembering this, hopefully, we remember why we chose to follow Him in the first place and pray that He gives us the strength to stand firm in our faith, even against others.

-Jacob Monic, Aquinas Crew

Mark 15:12-15





F R I D A Y
M A R C H 1 S T

When you have faith in
God, there will always be
people who will put you
down, and try to make
you change your ways.

But when we look to
Jesus we see what He
went through for what
He believed, giving us
hope to stay strong in our
faith.

-Jeremie Allemand

Mark 15:16-20



S A T U R D A Y
M A R C H 2 N D

Lectio Divina: 1 Corinthians 1:22-25

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S U N D A Y
M A R C H 3 R D

In these scripture verses Jesus is sentenced to die the most painful death, death on a cross. Jesus accepts the cross because of the amount of love he has in his heart for us. Jesus Chose Us. Hearing about the passion of our Lord is very heartbreaking because Jesus was the most perfect man on planet earth. Yet people still hated him and judged him with everything he did. Let us remember this lenten season that Jesus is fighting for us on a daily basis. Jesus is so extremely loving and is here for you, he loves you and he wants you! We should strive to live out our lives to glorify Him everyday and to make Him known in every moment because that is why He put us on this earth.

-Gabby Nomey, Frassati Crew

John 19:15-17



M O N D A Y
M A R C H 4 T H

Jesus falling for the first time reminds me of the first sin I commit after going to confession. The feeling I get is so heavy and burdensome, But it is a weight I have to carry back to Jesus. Jesus did not get discouraged when He fell, even with the guards and crowd around him shouting and abusing Him. Instead, he got back up because He leaned on The Father for strength and endurance. Lent is a perfect time to ask the Lord to hold our hand through all hardships of life, and it should show us not to be discouraged when sin takes hold. The Lord's mercy and love is far greater than any sin you could commit.

-Lily Weber, Lisieux Crew

Jesus Falls the First Time





T U E S D A Y
M A R C H 5 T H

Sometimes it can be overlooked how much emotional pain Mary had to suffer. She watched her only beloved child be tortured and crucified right in front of her eyes. When I look at the image of Mary meeting her son, it reminds me that she is not only Jesus' mother but also ours. Mary desires to enter into our suffering the same way she entered Jesus'. If Mary could withstand experiencing her Lord's passion, she could definitely help me be strong in my daily battles. The sorrow that Mary felt for Jesus on the cross is the same sorrow she feels for us when we sin against Him. However, the constant love she had for Jesus is also the same love she has for us. The love of our savior Jesus Christ and our heavenly mother will never be faulted or destroyed, it is everlasting.

-Sophia Martin, Frassati Crew

Jesus Meets His Mother



W E D N E S D A Y
M A R C H 6 T H

It can sometimes be difficult to make the decision to help out a friend in need. Maybe helping a friend with homework means you get less time to study for your test. Maybe paying for something for a friend means you lose your own money. Maybe even just being present with a friend means that you can't do something you genuinely want to do. During his crucifixion, Jesus was in need of help. As he walked up the mountain, Simon of Cyrene got the courage to help Jesus carry his cross. It was a tough decision to make, but he did it anyway. Sometimes, we have to make decisions that may not always benefit us, and that's okay. Helping others is a sign of pure love. God calls us to share our love with others, even if it means helping them carry their crosses during tough times. Because in the end, good deeds strengthen our hearts and spread the love of God to others.

-Ella Adams, Frassati Crew

Mark 15:21



T H U R S D A Y
M A R C H 7 T H

After the crown of thorns had been placed on Jesus' head, a woman named Veronica approached Jesus and wiped His face on the way to Golgotha. The image of Jesus' face remained on the veil after this interaction. Veronica's encounter with Jesus reveals He is one with us in our suffering. In wiping Jesus' face, Veronica cleanses Jesus of His blood, sweat, and tears. Similarly, Jesus comforts us in our sorrow and suffering. Veronica had nothing else to offer to Jesus other than pure love and a simple cloth, which reminds us that our expression of love towards God and others does not have to be complicated. Ultimately, we are called to offer up our burdens to the Lord so He can cleanse us of our pain. In doing this, we can be compassionate towards others by performing small acts of kindness each day.

-Mia Stelly, Calcutta Crew

Veronica Wipes the Face of Jesus





F R I D A Y M A R C H 8 T H

Think about the times when you have fallen, whether you fell into temptation or failed a certain task. When you have fallen it's hard to get up each time and to keep persevering and keep fighting. Similarly, Jesus has fallen the second time and even though he could give up and leave the world to fight for themselves, he continues to fight and find the strength to get up each time, so he can save us from our sins. Ask Jesus to help you when you fall and to give you the strength he had to not give up. When you fail or when you sin, go to him with an open heart and mind and allow Jesus to work in you to help you keep pushing forward. Jesus knows that life can be tedious and that mistakes are made, but he also knows that you are capable of overcoming those challenges and temptations. We have to look to Jesus at this moment as an example of strength and perseverance and whenever we have fallen we need to remember that Jesus got up after he fell and he will help us when we fall.

-Kaitlyn Hill, Aquinas Crew

Jesus Falls the Second Time



S A T U R D A Y
M A R C H 9 T H

Lectio Divina: Ephesians 2:4-10

Lectio-Read the passage a couple times and see if the Lord puts a certain word or phrase on your heart.

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S U N D A Y
M A R C H 1 0 T H

Through the midst of all His suffering, Jesus continued to comfort those who were mourning. Jesus was dying for the sins of these weeping women, and their remorse was great. Even when our sins cause our relationship with God to be disrupted, He continues to remain the same. The evil one will bring us shame and confusion amid our sin, but the Lord brings peace and comfort. The Lord is gentle and kind, and He wants to draw near to you, even in your sinfulness.

-Taylor Soileau, Lisieux Crew

Luke 23:27-31





M O N D A Y M A R C H 1 1 T H

When life becomes tiring and monotonous, and we find ourselves just going through the motions, we can feel much like Jesus did on His way to Calvary. Absolute exhaustion from being beaten, scourged, and carrying the cross has made Him fall not once, but three times. Jesus at this point was so tired of this cycle of hurt He collapsed. In our lives, often in trivial things, we feel the exhaustion of everyday struggles and we can become numb, leaving us only aware of our own weakness.

What is so significant about Jesus' third fall is that Simon of Cyrene helps Him up and continues carrying His cross. Jesus, with humble heart, allows Simon to carry His burden even in His weakness.

We sometimes find ourselves in spiritual dryness or simply exhausted by the busy cycle of life. In these moments, we can look to Jesus at His third fall. Just as Jesus accepted help from Simon, God seeks to assist you. It is okay to be exhausted. Allow yourself to be helped and be held. You only need to be still. God will carry the rest for you.

-Gracie Fontenot, Lisieux Crew

Jesus Falls the Third Time



T U E S D A Y
M A R C H 1 2 T H

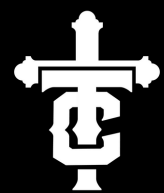
The soldiers tried to humiliate Jesus by taking away his robes.

They tried to make him an outcast. He had nothing left in this world, but his love for us. Jesus was not phased by their cruelty. How often do I humiliate my Lord? How often do I turn away when He is calling after me?

Father, thank you for always loving me even when I refuse to listen to your calls and turn away.

-Ava Cortes, Lisieux Crew

John 19:23-24





W E D N E S D A Y
M A R C H 1 3 T H

Jesus laid down His own life for us on the cross. For the sake of our sins, and the chance for us to be with Him in heaven, He died. Take a moment to truly ponder this statement, the King of heaven and earth died for you. Would you have been willing to die for someone you knew would sin against you time and time again? Would you have hung on a cross for three excruciating hours to save the soul of someone? Jesus' love for us is so pure and deep that He was willing to endure one of, if not the most painful deaths possible, just for a chance to see us again in the promised land. When our time has come to and end on this earth will you have the strength and courage to say "Father! In your hands I place my spirit"

-Ana Thibodeaux, Frassati Crew

Luke 23:44-46



T H U R S D A Y
M A R C H 1 4 T H

Jesus' last words were, "Forgive them Father, for they know not what they do". As Jesus was put through complete misery, he hangs on his cross and still chooses forgiveness. The world chose to kill Jesus, and he chose to show them the love of the Father back. When we are struggling to choose forgiveness we can look to the cross as a reminder to always forgive our neighbor. Forgiveness leads to true freedom and peace in our hearts. The Lord is calling each one of us to forgive someone in our lives. Always remember that Jesus went to the extent to die for each person out of love, and the least we are called to do is forgive.

-Carley Meche, Lisieux Crew



Luke 23:34-38

F R I D A Y
M A R C H 1 5 T H

While Jesus was on the Cross,
the bad thief rebuked Jesus and
mocked him. The bad thief asked
Jesus, "Aren't you the Messiah?

Save yourself and us!" This is
similar to how we struggle in life
and we blame Jesus for our
problems. Instead of blaming
Jesus for our sins, we need to
recognize that our decisions
have consequences. Jesus died
for our sins even though we were
the ones who sinned against
Him.

-Emily Barry, Calcutta Crew

Luke 23:39



S A T U R D A Y
M A R C H 1 6 T H

Lectio Divina: Hebrews 5:7-9

Lectio-Read the passage a couple times and see if the Lord puts a certain word or phrase on your heart.

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S U N D A Y
M A R C H 1 7 T H

Sometimes it takes a lot of courage to stand up for what you believe in.

Depending on how strongly your beliefs are, it may influence the way you handle certain situations.

According to this verse, the good thief supports Christ ahead of the doubtful, distrusting thief. Because of this, Christ tells the penitent criminal that he will be with him in paradise. God calls us to evangelize everyone around us to the Church, even when it is difficult. If we do, Christ will take us "under his wing" and support us through our journey to eternal life with Him. Therefore, this passage proves that if we choose the Lord, Jesus will accept us, even when we have done wrong.

-Addison Adams, Frassati

Luke 23:39-43



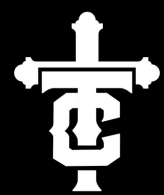
M O N D A Y
M A R C H 1 8 T H

The suffering Christ looking down on His mother and on you. You can put yourself in John's place. You are Christ's beloved. You are being held by the Mother of God. The sorrow you are experiencing runs deep and going to God is hard because, "how could He let such a thing happen?" He knows it is hard to understand His plan, so He gives you His mother. She too does not understand this suffering, but she has total trust in the Father and can be a model for us. Christ also knew that in your lack of understanding you may become angry at Him, but still need someone to hold you. So He gave you His mother. Let her hold you today. Let her draw close to your heart. She will slowly bring you back to her Son's heart.

Mary Mother of Sorrows, hold us.

-Ella Hoffpauir, Lisieux Crew

Luke 23:39-43



T U E S D A Y
M A R C H 1 9 T H

When Jesus says “I thirst,” He thirsts for God, Our Father, He thirsts for our hearts, and He thirsts for us to love Him as much as He loves us. Jesus loves us so undeniably that He gave His life for our sins, so that we would have a chance at eternal life in heaven. No matter what we have done in our lives, and how broken and unsavable we think we are, Jesus just thirsts for us to give Him our life and heart. Sometimes we don’t believe that He can love something so broken, but He is always there, waiting for us to turn and run to him. He thirsts for us, exactly how we are, to love Him as he loves us.

-Alyson Guidry, Frassati Crew

John 19:28-29



W E D N E S D A Y
M A R C H 2 0 T H

God sent his only son down to this earth to endure one of the most painful things a human person could ever go through.

Jesus willingly did it to save all of humanity, knowing what he was going to endure. That is how much he loves us and cares for us. After much pain and suffering, Jesus said "It is finished" before he bowed his head down to die. He knew that his work on earth was finished and we would all be saved. We can confidently trust him, knowing our sins are forgiven because of the cross, and our eternal life is secured because of the resurrection. Lord, help us to trust in your plan. Help us to carry our burdens and sufferings like you did. In your name we pray, Amen.

Olivia Guy, Calcutta Crew

John 19:28-29



T H U R S D A Y M A R C H 2 1 S T

Matthew 27:46-50 shows us a moving image of Jesus Christ on the cross, suffering greatly and dying. This passage serves as a powerful testament to the fact that, as human beings, we are never truly alone in our darkest moments of suffering. In His final moments, the Son of God Himself expressed His feelings of abandonment and cried out, "My God, my God, why have You forsaken me?" This has the power to bring great comfort to us in times of adversity. We can take heart in that our Lord and Savior understands our pain and is very familiar with the depths of human suffering. In moments of grief and despair, we can look to Jesus as a sign of hope, trusting that He will always offer us comfort, strength, and companionship.

-Addison Richey, Frassatti Crew

John 19:30





F R I D A Y
M A R C H 2 2 N D

After Jesus breathed his last, the veil in the temple was torn and many saints were raised up from their graves. This signifies the true price that is paid on the cross and how Jesus sacrificed his life so that we may live. In our own lives, we undergo difficult patches.

Times of despair, desolation, depression, and doubt, can often separate us from the loving embrace and mercy of the Father. Jesus came to set us free from the depths of our iniquities and give us life.

-Chloe Trudell, Lisieux

Matthew 27:51-53



S A T U R D A Y
M A R C H 2 3 R D

Lectio Divina: HPhilippians 2:6-11

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S U N D A Y
M A R C H 2 4 T H

Jesus proved the guards wrong after they crucified him and they realize that they just killed the Son of God after an earthquake occurs. We should not make the same mistake that the Romans. We need to notice who Jesus is early on and praise him before it is too late. We do not want to experience the same feeling of regret as the guard. We need to proclaim the Word of God as we are called to.

-Cohen LaPoint, Frassati Crew

Matthew 27:51-53



M O N D A Y
M A R C H 2 5 T H

Although the day was young, darkness filled the air. As Jesus was about to die, he told his Father that he is ready to be with him. Jesus died for our sins in order that we might have eternal life in Heaven. We need to be appreciative of him and for everything he did for us in his lifetime. He made a multitude of sacrifices in order for you to be the person you are today. Take a moment to appreciate him and the important people in your life today.

-Jake Farris, Frassatti Crew

Luke 23:44-46





T U E S D A Y
M A R C H 2 6 T H

In this Scripture passage, symbolism can be seen through the blood and water pouring out of Jesus' side. The blood symbolizes sacrifice and the water symbolizes living water.

Because Jesus sacrificed His life for us, we are saved from our sins. From Jesus' death comes the living water of eternal life. Jesus sacrificed Himself for us so that we may have eternal life in Heaven with God Our Father.

Notice how in this scripture passage, the soldiers break the legs of the other two prisoners but not Jesus' legs. This allows Jesus to fulfill God's will for Him to be the sacrifice- the unblemished lamb.

-Jenah Bergeron, Lisieux Crew

John 19:31-37





W E D N E S D A Y
M A R C H 2 7 T H

Jesus' body was taken down from the cross because a rich man asked Pontius Pilate for the body of Jesus Christ. After it was taken down, "Joseph wrapped it [in] clean linen and laid it in his new tomb huge stone across the entrance to the tomb and departed" Matthew 27:57-60. For me, this event shows how we're never alone. Even when Jesus died on the cross, Mary and followers of Jesus were there to witness a special moment.

-KJ James, Calcutta Crew

Matthew 27:62-66

