

**Diocese of Lafayette
Food & Nutrition Services**

**January 2019
High School Line 1 Lunch Menu**

January 7, 2019 Monday Taco Soup Seasoned Green Beans Tomato & Cucumber Salad Cornbread Square Chilled Fruit Cup Fresh Fruit Choice of Milk	January 8, 2019 Tuesday Country Fried Steak Mashed Potatoes & Gravy Whole Kernel Corn Wheat Roll Sautéed Apples Fresh Fruit Choice of Milk	January 9, 2019 Wednesday BBQ Pork Rib Patty Rice Dressing Baked Beans Buttered Parsleyed Carrots Wheat Roll Chilled Pineapples Fresh Fruit Choice of Milk	January 10, 2019 Thursday Chicken Alfredo Steamed Broccoli Peas & Carrots Homemade Garlic Bread Stick Chilled Pears Fresh Fruit Vanilla Pudding w/Chocolate Chips Choice of Milk	January 11, 2019 Friday Beef Burrito Mexican Beans Tomato Salad Frozen Strawberry Cup Fresh Fruit Chocolate Chip Cookie Choice of Milk
January 14, 2019 Monday Pepperoni Pizza Whole Kernel Corn Chopped Lettuce & Tomato Cup Chilled Applesauce Fresh Fruit Choice of Milk	January 15, 2019 Tuesday Salisbury Steak Steamed Rice & Gravy Black-eyed Peas Sweet Potato Crunch Wheat Roll Frozen Strawberry Cup Fresh Fruit Choice of Milk	January 16, 2019 Wednesday Breaded Cheese Stick Steamed Broccoli Fresh Baby Carrots Chilled Peaches Fresh Fruit Gingerbread Cake Choice of Milk	January 17, 2019 Thursday Chicken & Sausage Pastalaya Seasoned Green Beans Lima Beans Wheat Roll Chilled Fruit Cup Fresh Fruit Choice of Milk	January 18, 2019 Friday Chili Cheese Fries Served with Cheese Sauce Tossed Salad Orange Juice Fresh Fruit Chewy Brownie Choice of Milk
January 21, 2019 Monday <div style="text-align: center;">MLK Day</div>	January 22, 2019 Tuesday Fish Strips Macaroni & Cheese Peas & Carrots Tossed Salad Wheat Roll Chilled Fruit Cup Fresh Fruit Choice of Milk	January 23, 2019 Wednesday Beef Stew Steamed Rice & Gravy Seasoned Green Beans White Beans Wheat Roll Frozen Strawberry Cup Fresh Fruit Choice of Milk	January 24, 2019 Thursday BBQ Chicken Baked Beans Potato Salad Wheat Roll Chilled Pineapples Fresh Fruit Choice of Milk	January 25, 2019 Friday Pulled Pork on Bun French Fries Spring Salad Frozen Strawberry Cup Fresh Fruit DOD has Satsuma Oatmeal Chocolate Chip Cookie Choice of Milk
January 28, 2019 Monday Creole Sausage Steamed Rice Steamed Broccoli Sweet Potato Crunch Wheat Roll Sautéed Apples Fresh Fruit Choice of Milk	January 29, 2019 Tuesday Chicken Fajita on Tortilla shell Refried Beans Chopped Lettuce & Tomato Cup Chilled Pears Fresh Fruit Chewy Brownie Choice of Milk	January 30, 2019 Wednesday Meat Sauce & Spaghetti Whole Kernel Corn Seasoned Green Beans Homemade Garlic Bread Stick Chilled Fruit Cup Fresh Fruit Choice of Milk	January 31, 2019 Thursday Turkey Roast Rice Dressing Black-eyed Peas Sweet Peas Wheat Roll Chilled Peaches Fresh Fruit Choice of Milk	

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