April 24, 2017

Dear Parents,

It is time to mark your calendars for Physical Day 2017 provided by **Acadiana Sportscare Network**. Our Annual Physical Day 2017 for *Teurlings Catholic High School*, will take place on **Saturday**, **May 6**, **2017** at **8:00 am**, in the **Gym of David Thibodeaux STEM Academy**. This opportunity is **OPTIONAL BUT HIGHLY RECOMMENDED!** Physicals taken on this day will be eligible until **May 31**, **2018**. The cost of the physical is \$10.00, cash or check payable to A.S.N. Attached is the required **LHSAA Medical Physical and HIPPA Release forms for all athletes**. Forms can also be obtained from the TCH Athletic office or on our website, <u>www.tchs.net/athletics</u>.

Please submit the signed Physical form with payment by **Thursday, May 4, 2017**, to the **TCH Athletic Office**, **c/o Lisa Goulas**. All forms and money collected will be given to our athletic trainer, Mr. Ricky Landry, before Physical Day. Please be sure these forms are filled out completely! *Athletes without the proper forms and parental signatures will not be allowed to receive a physical*.

Please have your athletes arrive to the **gym of David Thibodeaux STEM by 7:45 a.m.** to help us stay on schedule. **They should be dressed in shorts and T-shirts and ready to remove their shoes for the height and weight portion of the exam.** Doctors will be on hand or readily available to handle any orthopedic referrals so that additional appointments will hopefully not be necessary.

\*David Thibodeaux STEM Academy\* 805 Teurlings Drive Lafayette, LA 70501

Sincerely,

Teurlings Catholic Athletic Department John Roy, LAT, ATC Owner, Director of Sports Medicine